## Madhuban Newsletter – August 2023

## Make the atmosphere powerful with volcanic remembrance (20-7-23)

Supremely Beloved Avyakt Image, Mother, Father and BapDada's deeply loving instrument teachers, and all brothers and sisters in this land and abroad who are the decoration of the Brahmin clan, those who create a powerful atmosphere through your elevated, pure and benevolent attitude, who stop the traffic of your thoughts in a second and experience volcanic remembrance, world servers who maintain the stage of a light-house and a might-house, please accept love-filled sweet remembrance.

Sweet Baba's special signal for us children is: Children, at present there is a need for collective volcanic remembrance and it is with this that the atmosphere will become powerful and weak souls will be filled with power. All obstacles will finish. Now, all of you Baba's children, in your great tapaswi form, have to become instruments for benefit of the self and also the world. Just as the rays of the sun spread everywhere, in the same way, be stable in the stage of a master almighty authority and spread the rays of all powers and specialities everywhere. For this, while coming into action, coming into expansion, being entertaining or coming into relationship and connection, practise being detached. Just as it is easy to come into relationship and action, in the same way, let it be just as easy to be detached. Such practice is needed. At the time when everything becomes extreme, let the end come in a second – this is the effort of the last stage. One moment to be in deep relationship and the next, to be just as detached as you are connected, as though you become merged in a light-house. The stage of a light-house and might-house will be created through this practice and many souls will have visions. This is the means of revelation. Tell me, my sweet sisters, keeping such an aim in making your spiritual endeavour with an honest heart, you are teaching everyone methods to have powerful remembrance, are you not?

Time with its fast speed continues to show its new colours. You are also hearing the news of the upheaval of matter. Baba says: Children, practise being unshakeable in the atmosphere of upheaval. Always keeping the Almighty Authority with you, being stabilised in the stage of a constant, detached observer, you have to be victorious and make others the same too. Now, instead of going into the expansion of situations, continue to have the practice of putting a full-stop in a second. Let the brake to control your mind and intellect be powerful and only then will no power of the intellect or any other energy go to waste, it will continue to accumulate. Now, along with service, everyone has to keep the special aim of creating an unshakeable and immovable, stable and happy stage and continue to move forward. Karankaravanhar Baba is making His children instruments and making them do the best service of all. We just have to become Baba's right hand instruments.

Seeing the divine activities of our Beloved Baba at this time of transformation, have the aim of self-transformation, you are moving forward, continue to move forward. Baba is giving every child wonderful sustenance from the subtle region. Hearing the experiences of the new children, only "Wah Baba, wah!" emerges from the heart. "Wah, Your unique divine activities, wah!" How you are accomplishing Your task of establishment in an incognito way. Thank you, Baba! Achcha.

I am sure all of you happy and well.

Lots and lots of love to all.

In Godly service,

B.K. Ratanmohini

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## Transform the atmosphere with volcanic yoga tapasya.

- 1. Volcanic remembrance is a powerful stage of a lighthouse and might-house. For this, especially experience being as an embodiment of knowledge and become powerful, so that all the desperate souls, wandering souls and souls calling out experience bliss, peace and power through the pure and benevolent attitude of you elevated souls and the powerful atmosphere.
- 2. You are servers, you are loving and have one strength and one support. All of that is fine, but the stage of a master almighty authority means the stage of a light-and-might house. So, now come onto the stage, let your remembrance be volcanic and everyone will come to circle around you like moths.
- 3. In order to have volcanic remembrance, both your mind and intellect need to have a powerful brake and also the power to steer. By doing this, the power and energy are of the intellect not wasted, but accumulated. The more you accumulate this power, the more the powers to discern and decide will increase. For this, stop the expansion of thoughts, that is, imbibe the power to pack up.
- 4. While carrying out any task or while talking, put a stop to the traffic of thoughts every now and then, stop the thoughts in your mind even for a minute, or while doing something physically, stop it for a minute and practise this and only then will you be able to stabilise yourself in the powerful stage of volcanic remembrance. Just as it is becoming easier to carry out a task while being in an avyakt stage, so, the stage of powerful remembrance should be just as easy.
- 5. Doctors give laser treatment in order to kill certain cells. In the same way, the powerful rays of remembrance burn the germs of vices in a second. Similarly, the cremation of old sanskars will take place, that is, the sins will be burnt. Then you will experience yourself to be light and powerful.
- 6. The great power of purity that you have is the most elevated power. It works like a fire to burn the rubbish of the world in a second. When you imbibe purity fully, the power of your elevated thoughts will then ignite the fire of love and all rubbish will be burnt in that fire. You children now have to use this most elevated power.
- 7. The main and easy effort to become volcanic is constantly to have the one concern to return home and to take everyone with you. With this awareness, you will automatically be able to go beyond all relationships and attractions of matter, that is, you will become a detached observer. By becoming a detached observer, you will easily become a companion of the Father and equal to Him.
- 8. You are constantly easy yogis, but you now simply have to make your stage of remembrance powerful every now and then. Therefore continue to fill yourself with the force of attention. When you imbibe purity fully, the power of your elevated thoughts will then ignite the fire of love and all rubbish will be burnt in that fire. Then only that which you think about will happen and fast service will automatically take place.
- 9. No matter what karmic accounts there may be of this birth or previous births they cannot be burnt without the stage of an embodiment of the fire of love. Constantly have the stage of fire, that is, all the karmic accounts will be burnt through powerful volcanic remembrance, the seed stage and the stage of a light-and-might-house, and you will experience yourself to be double light.
- 10. You can only have powerful, volcanic remembrance when the link of remembrance is constantly connected. If the link repeatedly breaks then it needs time for it be connected again; it takes effort so that, instead of being powerful, it becomes weak.
- 11. In order to make remembrance powerful, while going into expansion, the practice of being in the form of essence should not reduce. Do not forget the essence when you go into expansion. Eat, drink, do service, but do not forget detachment. Spiritual endeavour means powerful remembrance. The heart is constantly in connection with the Father. Spiritual endeavour does not just mean that you sit in

remembrance, but in the same way as you sit physically, so your heart, mind and intellect should also sit with the Father. Such concentration will ignite the fire.

- 12. The pilgrimage of remembrance should be easy and also powerful. Powerful remembrance gives you a two-fold experience at the same time. On the one hand, remembrance is like fire which does the work of burning and brings about transformation. On the other hand, it gives you the experience of happiness and lightness. Such disciplined remembrance is accurate and powerful.
- 13. At present, you need to have the volcanic form of remembrance in a collective way. Only volcanic remembrance will make the atmosphere powerful so that weak souls will be filled with power. All obstacles will easily finish and the fire for the destruction of the old world will be set ablaze.
- 14. Just as the sun gives the experience of light and many other perishable attainments, in the same way, you children, through your great tapaswi form have to give the experience of the rays of attainment. For this, first of all, increase your account of accumulation. Just as the rays of the sun spread everywhere, in the same way, you have to be in the stage of a master almighty authority and you will experience the rays of powers and specialities spreading everywhere.
- 15. Just as when something is put into a fire and its name, form and quality changes, so too, when you are put into the fire of remembrance of the Father and the fire of love, transformation takes place. You change from human beings into Brahmins and then, from Brahmins, you become angels and then deities. When you put cement into a mould and bake it, it becomes a brick. In the same way, transformation takes place here and this is why this remembrance is said to be volcanic.
- 16. While coming into action, coming into expansion, being entertaining or coming into relationship and connection, practise being detached. Just as it is easy to come into relationship and action, in the same way, let it be just as easy to be detached. Such practice is needed. At the time of extreme, let the end come in a second this is the effort of the last stage. One moment to be in deep relationship and the next, to be just as detached as you are in connection, as though you become merged in a light-house. The stage of a light-house and might-house will be created through this practice and many souls will have visions. This is the means of revelation.
- 17. For the practice of powerful yoga, make your thoughts pure and filled with knowledge and power. Then, with your vibrations, attitude and good wishes, the Maya of others will easily run away. If you go into "Why?" and "What?", then neither will your Maya go away nor will that of others.
- 18. Only powerful yoga, that is, the fire of love and volcanic remembrance will finish the fire of corruption and atrocities and give co-operation to all souls. Only through this will the unlimited attitude of disinterest ignite. On the one hand, the fire of remembrance will finish that fire and on the other hand, it will give souls God's message and also the experience of the form of coolness. It is with this that souls will become free from the fire of sins.
- 19. In order to make your yoga as intense as fire, continue to practise becoming the form of a point in a second and concentrate your mind and intellect. As soon as you say "stop"! all body consciousness should leave your mind and intellect. Use this type of controlling power throughout the day. Control your mind and intellect with this powerful brake. Focus your mind and intellect wherever you want within a second
- 20. When you sit in yoga, use the power to merge everything in a second. Let all thoughts of service be merged. Have so much power that as soon as you say "stop"! you are able to stop. Let the brake be applied fully, not just slightly. If it takes longer than a second, then it would be said that your power to merge is weak.
- 21. The sign of your having a powerful mind is that you can reach wherever you want to within a second. When your mind has learnt how to fly and develops that practice, you should be able to reach wherever you want within a second. One moment, you would be in the corporeal world and within a second, you should be in Paramdham. Now increase this practice.

- 22. In order to have powerful remembrance your love must come from an honest heart. Those who have an honest heart are able to become a point within a second and able to remember Baba, the Point. Because they please the Lord with their honest heart, such souls claim special blessings from the Father with which they are easily able to stabilise in the thought of One. They will experience remembrance in the form of a fire and will spread powerful vibrations everywhere.
- 23. Constantly experience the stage of a light-house and might-house in yoga. Knowledge is light and yoga is might. Knowledge and yoga let both these powers be full of light and might this is called being a master almighty authority.
- 24. In order to experience the volcanic stage, let the flame of constant remembrance always be lit. The easy way to do this is always to move along while considering yourself to be a charioteer and a detached observer. The soul is a co-charioteer of this chariot. This awareness easily makes you detached from this chariot (body) and any type of body consciousness and all your physical senses are then under your control. Even the subtle organs of the mind, intellect and sanskars are under your orders.
- 25. A charioteer means to be soul conscious. Brahma Baba became the foremost soul by practising this. Therefore, follow the father! The Father enters the body and controls it, that is, He becomes the charioteer. He doesn't depend on the body, and this is why He remains loving and detached. In the same way, all of you Brahmin souls need to maintain the stage of a charioteer like the Father. When you are the charioteer of your body, you naturally become a detached observer and remain immune to the effect of Maya in whatever you do, see or hear.
- 26. In the memorial of the goddesses, it is portrayed that the devils were burnt with fire. They were not the devils, but devilish powers that were burnt. That is a memorial of the present time. So, become volcanic and burn the devilish sanskars and devilish nature. When you burn your old devilish sanskars you will then become fearless, volcanic and also be able to burn the tamoguni traits that are in matter and souls.
- 27. BapDada is giving special signals to you children: Children, now let the love for intense effort become like a fire. Become one who destroys evil (jwalamukhi) and burn all your karmic accounts that still remain in your mind of your relations and contacts with the intense fire of love. Only powerful yoga, that is, the fire of love, the remembrance that is like fire, will destroy the fire of corruption and violence and give co-operation to all souls. It is through this that your attitude of unlimited disinterest will be ignited.
- 28. According to the time, whilst you Brahmins bring souls closer, you must also continue to serve to make the atmosphere as powerful as fire. For this, you can have bhatthis and deep discussions amongst yourselves, but you have to experience the intense form of love and also give others this experience. Remain busy in this service and all the trivial matters will be removed.
- 29. When all other thoughts have quietened and only one thought remains "Baba and I", that is called powerful yoga. All thoughts apart from the experience of meeting the Father should vanish. Only then could you say that your remembrance is volcanic, through which transformation can take place. For this, use the power to merge. As soon as you say "Stop"! you would be able to put a full-stop. A powerful brake should be applied, not a weak brake.
- 30. Many children say that, when they sit in remembrance, instead of becoming soul conscious, they think about service. This is wrong, because if, instead of becoming bodiless in the final moments, you think about service, you would fail that paper of a second. At that time, you must only remember the Father and your incorporeal, viceless and egoless stage, nothing else! By thinking of service, you remain in the corporeal form. When you can't have the stage you should have whenever you want, you will be deceived.
- 31. The meaning of an image of tapasya is that through tapasya you experience the rays of the power of peace spreading everywhere. This tapaswi form is the form of giving to others. Great tapaswi souls give the experience of the rays of attainment through their powerful, volcanic remembrance.