

## **Madhuban Newsletter – July 2023**

### **Imbibe the virtue of humility for world renewal, be pure (clean) (20-6-23)**

Beloved Avyakt Image Mother, Father, BapDada's beloved instrument teachers of this land and abroad, brothers and sisters of the Brahmin clan, ones who are always pure and have a humble nature, ones who always have a stage of happiness and give everyone the shade of coolness, ones who are instrumental for world renewal, please accept sweet loved-filled Godly remembrance.

In the month of June, all of us Brahmin children have special memories of our sweet Jagadamba in our hearts. Sweet Maa always inspired us to follow the Father. Just as she herself made the lesson of "Ha ji" firm, considered every moment to be the final moment and remained ever-ready and claimed number one, in the same way, while placing our steps on her footsteps, we are racing ahead to become complete and perfect, the same as the Father. Now, the month of July reminds us our sweet Didi Manmohiniji. With determination, she observed every Godly discipline and code of conduct and inspired others to do the same. There was no name or trace of laziness or carelessness in her life. From amrit vela till night time, she was always accurate and alert in her timetable. She made each one make the lesson of being obedient to the Father and being the bride very firm. In the final period, she always had the awareness of "We now have to return home" and stayed beyond, was loving and detached and became complete. All of us children now have to give the return of the alokik sustenance we have received from such ancestors, the original jewels.

Now, according to the time, in order to accomplish the great task of world renewal, Baba says: Children, be pure and humble. Humility, sweetness and greatness were very clearly visible in Father Brahma. With the awareness of Karavanhar, he remained detached from every action and remained egoless. In the same way, let there be the greatness of the humility of carrying out world renewal in our every action. Let every second and every thought be completely pure and clean. Tell me, keeping such an aim, you are maintaining a balance between service and self-service and continuing to move forward, are you not?

Now, in the months of July and August, when there is the monsoon season, at such a time, all of us have to do special tapasya and burn our old sanskars and sins with the fire of yoga. Along with that, with our elevated life, behaviour and face, we have to become instruments for God's revelation.

In Madhuban, there is a beautiful sparkle of Baba's old and new children constantly coming here. On the one hand there are thousands of Baba's new children coming for the Raja Yoga camps to have alokik experiences in Madhuban. On the other hand, workshops and seminars of different Wings continue to take place, and then, thirdly, many brothers and sisters have a lot of zeal and enthusiasm to have yoga-tapasya. Baba is making all of His children full in every way with the treasures of knowledge and yoga. In the month of July, yoga bhatthis of teachers, surrendered brothers, kumars, adhar kumars, mothers etc. are scheduled to take place. Each one of Baba's children has the deep love to make the self complete and bring the time close. Everyone comes to Madhuban with this aim and returns having had beautiful experiences. Achcha.

I am sure all of you are enjoying good health. With lots and lots of love and remembrance.

In Godly service

B.K. Ratanmohini

## Avyakt Signals – July 2023

### **Be humble and construct the new world.**

1. Make your nature cool and pure and you will continue to receive success in every task. Now specially underline having a pure and cool nature. No matter what happens, let your nature be constantly cool and pure. A pure and cool nature means to be completely pure and cool. It is because of coolness that there is praise of the goddess of coolness.
2. Children who have a cool nature will be easy in exchanging their ideas. They will not become an obstacle to any type of service. They would never think that their idea, plan or service was not accepted even though it was very good. To have the consciousness of “mine” is to have alloy mixed.
3. Children who always have a cool and humble nature will not have a fast speed of waste. Because of being cool and pure, they will give everyone coolness under the shade of contentment. No matter how intensely someone may be burning, or how hot-tempered someone may be, the shade of the vibration of contentment will cool them.
4. In the memorials of you ancestors and worthy-of-worship souls, the eyes are always shown to be pure and cool. The eyes are never shown full of arrogance or insult. The eyes of a deity or goddess are always cool, pure and spiritual. Therefore, whenever you have a negative thought for anyone, remember who you are. Even my non-living images have spiritual eyes, and I am here in the living form.
5. Those who are humble and have a cool nature never have arrogance of their own success. They neither mention it nor sing songs about themselves. Others will sing their songs, but they themselves will always sing the Father’s praise. Therefore, no matter what others are like, you just give them love from your heart; give them good wishes and have mercy for them.
6. Souls who have humility in their heart will change excuses or problems into positive solutions. Their face will never show signs of weakness or of being delicate. Therefore, become humble, not delicate. Those who are the fruit of water are delicate. It shouldn’t be that as soon as you sprinkle water on them, they flow away or wilt.
7. To become humble is to maintain your self-respect and this is the easy way method to attain respect from everyone. To become humble is not to bow down, but to make everyone bow down to your speciality and your love.
8. BapDada is giving all the children special shrimat: Children, become humble. Humility is greatness. It is not bowing down, but it is in fact making God bow down to you. This is the way to attain blessings.
9. Somethings have to be heated first to make it soft and then it can be moulded. Here too, the heat is the form of power and the softness is humility, that is the form of love. Those who have love for every soul can be humble-hearted. If there isn’t love, one cannot be merciful nor remain humble. The form of Shakti is being a master and humility is the intention to serve. So when there is both softness and warmth, you will be able to mould yourself in every situation.
10. To the extent that you have the intoxication of your elevated self-respect in your intellect, let there also be just as much humility in your actions. The highest-on-high Father comes in front of the children as a Server, this is His humility. To the extent that He is the highest, so He is just as humble - have such balance because the world cannot be benefitted without humility. You made the Father belong to you when He became the children’s Server with humility. Similarly, follow the Father.
11. Fortunate children follow the Father in their every thought, word and action. They would have humility, creativity and greatness in their every word. Those who consider themselves to be instruments definitely have humility together with greatness. If there is more greatness than humility or more humility than greatness, you will not become an embodiment of success.

12. While performing any action, have the awareness of the Karavanhar Father, then you will be detached, egoless and full of the greatness of world renewal in every action. Every second and every thought will be completely pure, that is, clean, which is referred to as honesty and cleanliness.
13. To bow down means to bend (also bow down). When you bow down, then everyone will bow down to you. Do not think that you always bow down, but no one has any regard for you, and those who do not bow down tell lies and yet they are given regard. No. This is temporary, but have a far-sighted intellect and the more people you bow down to here, that is, adopt the virtue of humility, then for the whole cycle, all souls will bow down to you. In the golden and silver ages, they will bow down to the king with their mind and in the copper and iron ages, they will physically bow down.
14. For a tree it is said: the fuller it is, the more it will bow down. So, just as the bowing down of a tree serves everyone, in the same way, humble souls will do the service of giving everyone happiness. Wherever they go and whatever they do, they will be bestowers of happiness. To the extent that you have self-respect, to that extent you also have humility. Let it not be: I have become elevated and the others are still juniors. Let there not be feelings of dislike for them.
15. The seed of good wishes and pure feelings is to have the feelings of being an instrument and to have humility; not to want limited respect, but to be humble. Never try to prove the truth by letting go of your manners. The sign of manners is humility. This humility easily enables you to carry out the task of renewal. Until you become humble, you cannot carry out renewal.
16. Adopt the nature of having feelings of benevolence and mercy for every soul, the nature of wanting to uplift every soul, the nature of sweetness and the nature of humility. This nature will always keep you light. You then won't experience any burden.
17. Those who are humble don't have any type of bossiness. They have the sparkle of spirituality. Just as the Father comes with so much humility and by calling Himself the World Servant, places the children ahead of Him, so too, follow the Father. If there is the slightest bossiness in service, then that service ends.
18. The sign of being egoless is humility. Imbibe the virtue of humility in your attitude, vision, words, contacts and relationships, and you will become great. Those who remain humble receive respect from everyone. When you are humble, everyone gives you respect. No one gives respect to those who are arrogant. Everyone moves away from them.
19. The speciality of a server is of being a very humble world servant who has the authority of knowledge. To the extent that you remain humble, you accordingly remain a carefree emperor. Maintain the balance of being humble and an authority. The consciousness of having humility and of being unlimited and an instrument are the main basis of successful service.
20. To the extent that you have self-esteem, you should also have humility. Let there be no arrogance in your self-esteem. You should not feel that you are more elevated than those who are younger than you. There must be no feelings of dislike for them. No matter what souls are like, look at them with the vision of mercy. There should be no arrogance or any feeling of insulting others. There should never be this type of behaviour in your Brahmin birth. When there is no arrogance, you won't feel insulted even when you are insulted. Such souls would constantly remain humble and busy in the task of construction.
21. Those who are humble will be able to work for the construction of the new world. To consider oneself an instrument and remain humble is the seed of good wishes and pure feelings. Instead of expecting any limited respect, remain humble. Stubbornness indicates bad manners whereas humility indicates good manners. To be humble in your interactions with everyone indicates your being good mannered and truthful.
22. Because people understand, they consider the souls who practise the lesson of remaining humble and saying "Ha ji" to everyone as those who are defeated. However, such souls are, in fact, victorious. You should not allow your intellect to change from having faith to having doubts because of what others say

at that time or because of the atmosphere. Do not doubt whether you'll be victorious or defeated. Instead of that, remain victorious. Today, others may say that you are defeated, but tomorrow, those same people will shower you with flowers.

23. To have the specialities of being humble and constructive are the signs of a master. As well as this, others who come into contact with such souls will find them to be loving, and give them blessings from their heart. They will have good wishes for them in their heart. Whether others know you or not, whether they have a distant relationship with you or not, everyone who sees you should feel that you belong to them.
24. A server is one who is constructive whilst also remaining humble. Humility is the means of success in service. By remaining humble, you will constantly remain light in service. When you are not humble, but want respect, that becomes a burden, and those who are burdened will come to a halt. They cannot go fast. Therefore, whenever you feel that you have a burden, you must understand that you are not humble.
25. Brahma Baba lowered himself so humbly. He was such a server and served with so much humility, that he was even ready to massage the children's feet. He always felt that the children are ahead of him and can give better lectures than he could. He never put himself first. He always put the children first, he always let them go first and considered them to be senior. Because he did this, he didn't put himself down, but, in fact, became even more elevated. This is known as being a number one worthy server. To give respect to others and keep yourself humble is a sign of having mercy for others. This form of constantly giving becomes a form of receiving for all time.
26. Renounce temporary, perishable respect and remain stable in your self-respect. Remain humble and continue to give respect to others. This form of giving becomes a form of receiving. To give respect to others means to put them ahead and put zeal and enthusiasm into them. When you give them the treasures of zeal, enthusiasm, happiness and co-operation all the time, you are made into a charitable soul for all time.
27. Always wear the dress of humility. This humility is your armour which is your means of safety. You will make others bow down to you with your humility. A humble-hearted soul can become a bestower of happiness.
28. Always serve while maintaining your spirituality and spiritual intoxication will be visible on your face. Those who have spiritual intoxication will be humble-hearted and carry out the task of world renewal. Just as the Father comes with such humility, similarly follow the Father. While moving forward in service, let humility be visible in your attitude, vision, words and behaviour. By doing so, you will receive blessings from BapDada and your juniors and seniors which will bring you success.
29. By considering yourself to be an instrument soul, two specialities will be visible in your practical form: 1) Through humility, you will always carry out constructive work. 2) You will constantly eat and feed others the fruit of contentment. By considering yourself to be an instrument, you will experience yourself to be detached and loving to the Father. The word "I" will finish. By saying "Baba, Baba!" instead of "I", everyone's intellect will be drawn to the Father and they will experience special power.
30. Feelings of humility and mercy do not allow you to have ego. When you listen to the murlis, it has words of authority, but there isn't any feeling of ego in that. So, no matter how harsh the words may be, let there not be any feeling of ego. To the extent that you have authority, also have just as much humility and feelings of mercy.
31. Because of body consciousness, some children repeatedly say "I feel this, I think this, whatever I said is fine, whatever I thought is fine." This royal form of the consciousness of "I" does not allow you to be humble-hearted. This consciousness of "I" makes you weak. A weak soul would say, "I cannot tolerate so much, I cannot be so humble, I cannot overcome so many problems". This is why you first have to surrender "I, I", and only then will you be able to accomplish the task of world renewal.

\*\*\* O M S H A N T I \*\*\*