

Madhuban Newsletter – May 2023

In order to serve with your mind, accumulate your stock of pure thoughts and be full with good wishes (20/4/23)

Beloved Avyakt Image, Mother, Father and BapDada's deeply loving instrument teachers, brothers and sisters of this land and abroad who are the decoration of the Brahmin clan, ones whose stock of pure thoughts is always full, ones who with your powerful minds give the sakaash of good wishes to all souls, please accept love-filled, sweet remembrance.

According to the time, BapDada's particular signal is: Children, along with serving with words, also make serving with your mind natural. Powerful service with the mind will make you experience greater success, because at the present time, desires are increasing in everyone. Because of limited desires, souls are distressed. At such a time, you children, with your unlimited attitude of disinterest have to spread the attitude of disinterest in those souls. Without the atmosphere of an attitude of disinterest, souls cannot become happy and peaceful, nor can they be liberated from distress. Now, make your personal effort so intense that the Maya of others run away with your vibrations, attitude and good wishes. Let your image, your attitude and your vision transform souls. Let them come with cries of distress and leave with "wah, wah" (wonder). For this, set a programme for the powerful state of your mind. The more you keep your mind busy with powerful thoughts, your mind will not get upset, it will easily become concentrated with which good vibrations will automatically spread.

Tell me, all of you have kept this aim and with the special practice of concentration, you are doing the service of giving light and might to all souls, are you not? Now, we have to hoist the flag of God's revelation in every corner with our elevated and powerful stage.

Baba says: Children, now, all of you Brahmins have to become those who have an unlimited attitude and an unlimited vision. Let the limited name and trace finish, because an atmosphere is created through your attitude and, when the atmosphere is created, it will happen in a practical way too. For this, instil the habit of always having good thoughts. By having good thoughts, everything will be good because your attitude will transform the atmosphere. If you go into "Why?" and "What?", "like this, like that", then there will never be transformation. Continue to say "Good, good" and you will become good. Let the attitude of your mind always be good and powerful and even the bad will become good.

All of you must be hearing the news of our unlimited home, Madhuban. On the one hand there is the wave of the bhatthis of tapasya and on the other hand, many programmes of the Wings and also Raja Yoga camps are being conducted. All of Baba's children who come return having had very good experiences. This is also a wonder of Baba who is residing in the subtle region and accomplishing his work through the children in an incognito way. Achcha.

Lots of love and remembrance to all.

In Godly service,

B. K. Ratanmohini.

Now do service with your elevated state of the mind and your subtle attitude.

1. The easiest method of all to do service is to create vibrations through your attitude, and to create the atmosphere through vibrations. Just as through science a rocket can go fast, so too your vision and attitude of spiritual feelings and good wishes can transform the world. Whilst staying in one place you can serve with your attitude.
2. Just as the atmosphere of Madhuban is imprinted on each one's heart, in the same way, each one of you must create such vibrations and such an atmosphere through your spiritual attitude. However, your attitude can only be spiritual and powerful when you do not have any vibrations of a wrong attitude towards anyone. The attitude of your mind has to be clean. If your attitude is negative, or you have rubbish in your mind, you will not be able to serve with a pure attitude.
3. You World Benefactor children have to become knowledge-full. If someone is wrong, you can say he is wrong but do not allow his wrong things to stay in your mind. If you keep anything wrong in your attitude, your vision and world will not change. And, if there are bad things or waste thoughts in the attitude of your mind, how would you be able to become a world benefactor?
4. Now, according to the time, there is a need to make intense effort to create an atmosphere through your attitude, and there must therefore be no rubbish in your attitude. Only then will your vibrations reach nature and that atmosphere then be created. Therefore, see the speciality of each one and always keep your attitude pure. For this, remember "I have to give blessings and receive blessings". Hear anything negative through one ear and let it out through the other.
5. You are the children of the Ocean of Forgiveness, so forgive souls who are under another influence. Through your pure attitude create such an atmosphere that anyone who comes in front of you receives love and co-operation and experiences forgiveness, courage, zeal and enthusiasm.
6. A world benefactor always has an unlimited attitude and vision and an unlimited stage. In your attitude there must not be the slightest trace of anything negative or any wasteful feelings. Change the negative of others into positive. Your attitude towards others must always be unlimited and benevolent.
7. Because Father Brahma performed karma practically in Madhuban, the vibrations of tapasya, his karma and renunciation are merged in this land. This is why everyone easily experiences this world to be unique. In the same way, wherever you children live, whatever your field of action is, let the qualities, actions and elevated attitude, like those of the Father, be experienced in the atmosphere through you.
8. All around, desires are increasing, and, because of these desires, souls are troubled. Even though people may be multimillionaires, they too are troubled by their desires. The main reason for souls to be troubled in this atmosphere is limited desires. Now, through your attitude of unlimited disinterest, create an attitude of disinterest in those souls too. Without the atmosphere of your unlimited disinterest, souls cannot be happy or peaceful; they cannot become free from trouble.
9. You remain celibate (brahmchari), and you also observe purity – do not be happy with just that. Now underline purity of vision and attitude even more. The main foundation is to make your thoughts pure, knowledge-full and powerful and your attitude full of elevated feelings. Adopt an attitude of bringing benefit for everyone, and then everyone will consider you to belong to them.
10. Now become fast in effort for the self for only then will the Maya of others be easily chased away through your vibrations, attitude and pure feelings. If you go into "Why?" and "What?", then neither your Maya nor the Maya of others will go away. Your form, your attitude and your vision, should transform souls. They may come crying, but let them leave in a state of wonder.
11. While coming in connection and relationship with others, let there be the balance of being as much detached as you are loving. Let there be the atmosphere of an attitude of unlimited disinterest. This one

is an unlimited renunciate, let this attitude not only reach people's minds, but also their hearts, there is a need for this now. Souls will come close through this. Service through the lips brings people into contact with you and serving to create the atmosphere through your attitude will bring them close.

12. Souls have to be made capable and yogi and the land has to be made fertile. Therefore, together with serving through words, you need to create a fast speed in serving through your attitude, because it is through your attitude that the atmosphere is created and the atmosphere will influence nature, and only then will they become ready. So, always pay attention that there is double service.
13. If you have the attitude of good wishes and pure feelings, then, with the thought of a second, your vision and the smile of your heart, you can give someone a lot in a second. Whoever comes, give them one or another gift; no one should go away empty-handed.
14. According to the present time, let your daily timetable and the timetable of the service centres be that of an attitude of unlimited disinterest. At present, the routine of rest has been mixed in. This carelessness becomes the reason for minor physical illnesses. Enthusiasm for service disperses any illness.
15. Look at, listen to and think of everyone and everything with a positive attitude. Just as the marvels of science can recycle rubbish into beautiful things again, in the same way if anyone comes to you in a negative form, change that negative form into positive. Do not come into the upheaval of "Why?", "What?" and "How?".
16. Unity means an unlimited attitude and unlimited vision. If you don't have an unlimited vision and unlimited attitude, there cannot be unity. If all Brahmins become those with an unlimited attitude and vision, then our kingdom is almost here because the atmosphere is created through your attitude and if the atmosphere is created, it will also happen in a practical way.
17. By always thinking "this is good, this is good", everything becomes good, because your good attitude transforms the atmosphere. If you go into "Why?" and "What?", "It is like this, it is like this", there will never be transformation. Continue to say "Good, good" and you will become good. Let the attitude of your mind always be good and powerful and anything bad will also become good.
18. Just as BapDada feels mercy, so you children also have to become master merciful, and with the attitude of your mind and through the atmosphere, give souls the powers you have received from the Father. Since you have to accomplish service of the whole world in a short time, and everything including the elements have to be purified, then do service at an intense speed.
19. None of you can say that you don't have a chance to serve. If someone is not able to speak, he can serve the atmosphere through the mind with an attitude and stage of happiness. If your health is not good, then be co-operative while sitting at home. Simply let your mind accumulate a stock of pure thoughts and become full of good wishes.
20. In order to serve many souls through your elevated feelings, good wishes, elevated attitude and elevated vibrations at a fast speed from any place through your mind and to transform the atmosphere, become a lighthouse and a might house. There is no question of having physical facilities, a chance or the time in this. There is just the need to be full of light and might.
21. In order for you to transform the atmosphere, let your mind and intellect be free from having waste thoughts. Let there be the easy form of the mantra of manmanabhav. Elevated souls who have powerful thoughts, good wishes and pure feelings can give the donation of powers through their minds.
22. The mirror of the power of the mind is your words and deeds. Whether souls are in knowledge or not, when you are in relationship and connection with both types of souls, let your words and actions be filled with good wishes and pure feelings. The words and actions of those whose minds are powerful and pure will automatically be pure and powerful and filled with good wishes. A powerful mind means your power of remembrance will be elevated and powerful and you will be an easy yogi.

23. Just as you set your programme for physical work according to the daily timetable, similarly, set a programme for the powerful stage of your mind and you will never get upset. To the extent that you keep your mind busy with powerful thoughts, accordingly, the mind will have no time to get upset. When your mind is constantly set, that is, concentrated, then good vibrations automatically spread and service takes place.
24. At every moment, you, yourself, and others should automatically experience having the pure vibrations of good wishes and pure feelings for every soul. At every moment, let there always be blessings emerging from your mind for all souls. Just as you have become experienced in remaining busy in serving through words so let your mind always remain busy in this service. When you are not given any service to do, you experience yourself to be empty. Let service through the mind continue to take place automatically in this way just as service is done through words.
25. Just as serving through words has become natural, similarly, serving through the mind should also be simultaneous and natural. Together with serving through words, continue to serve through your mind and you will not have to speak so much. The energy that you spend in speaking will be saved when you also have the co-operation of serving through the mind. The powerful service of the mind will then give you the experience of greater success.
26. To the extent that you use your body, mind, wealth and time for service, by serving with the powers of the mind to the same extent, you can have greater success in a shorter time. At present, you sometimes have to make effort on yourself. Sometimes, in transforming your nature, in moving along within the gathering or in achieving success in service, when there isn't so much success, you experience disheartenment. That should now finish.
27. Now, increase the quality of your mind and quality souls will then come close to you. There will be double service through this – of the self and of others. You will not have to do anything separately for yourself. You will experience your stage to be as though you have attained your reward. The elevated reward of this time is “for the self to always be full of all attainments and to make others full.”
28. The busier you keep yourself in serving through the mind, the more easily you will become a conqueror of Maya. Do not become one who is influenced by the self, but do the service of transforming others through your good wishes and pure feelings. Let there be balance between your feelings and knowledge, love and yoga. You have become benefactors, but now become world benefactors.
29. Serving through the mind is unlimited service. To the extent that you become a sample through your thoughts and words, accordingly, on seeing the sample, others will automatically be attracted. Simply have a determined thought and service will easily continue to take place. The majority donate knowledge through words, but now donate powers with your mind and virtues through your actions.
30. While doing any work, also do the service of spreading vibrations through your mind. A businessman would see business in his dreams too. Similarly, your work is to benefit the world. This is your occupation. Keep this occupation in your awareness and remain constantly busy in service.
31. The most powerful and best service of all is service through the mind. For this, make yourself powerful. If your mind is even a little weak, you will not be able to serve with your mind. You can serve with your words. So, now, do all types of service with your thoughts, words and actions and you will be able to claim full marks.

***** OM SHANTI *****