

Report of the RC meeting of February 2024 to the Integrated Retreat on 29 February, 2024

1. Tribute to Didi Nirmala

We began our meeting by paying tribute to dear Didi Nirmala and all the special memories we have with her. She was an early pioneer. We will just share two comments out of the many:

Mohini Didi: We were in London together, so we divided up what we did: standing tasks I did, sitting tasks she did. She was good at making chapattis, I made rice and sabji.

Br Brij Mohan: Brahma Baba had a special space in his heart for her. 'Nirmalashram' he called her. She gave respect. She was straightforward and frank in giving her views.

2. Wisdom of Teams

The RCs supported the Wisdom of Teams which has been proposed by the Care & Wellbeing group, recognising the huge load on instruments, with the aim of helping them transition to working in teams and the need for mentoring. Based on feedback from the session in the Integrated Retreat, the Care & Wellbeing group will move forward with a further proposal to the RCs.

3. Review of the CNC

Due to Br Letchu's health situation, Br Ken was appointed by the RCs to temporarily step in and keep the CNC functioning, together with the CNC Management Team. The CNC Management Team is now known as the CNC Core Team. A working committee of RC trustees has been appointed to review the functioning of the CNC. This review would then widen out to include others from each region. For example the team would consider the composition of the Management Team and the best way to steer the CNC through this period of transition. The CNC has an important role in sustenance and to further facilitate the two way communication between the NCs/NCTs and the RCs. The review would include purpose, process, people, including the relationship between spiritual teams and boards.

4. Our Relationship with the Environment

Our approach to service in terms of the environment was discussed including the importance of maintaining a deep spiritual perspective and not to be drawn in to the mindset of 'saving the world'. The approach of the connection between consciousness and climate was reinforced by the RCs. It was explained how this perspective is increasingly being accepted.

5. Murli Listening Practices

This is a project that will be coming to you shortly. Our RCs and worldwide seniors would share their special Murli listening practices for the Murli of the day. These would be in the form of a short 5-7-minute video and would be listened to in advance of hearing the Murli of the day. They will be available on the Murli app in the same way as the Murli experiments were. It would be for possibly, a one-month period during the year. Among the aims are to unite the family worldwide in the same collective listening practices of the daily Murli, to inspire the family on the value of listening to the Murli in a powerful stage, to enhance our concentration and Murli listening while we are not in the supportive atmosphere of Baba's Centres, and to support new students.

6. Dadi Ratan Mohini's Centenary Celebrations

We enjoyed honouring Dadi Ratan Mohini in Shantivan. It is a great milestone. It was considered how this may be taken up outside of India. Dadi Ratan Mohini has a great strength in explaining how to have a deep yogi stage. The idea is to take the essence of one of her powerful classes and create a brochure out of it to circulate to the BK the family as a dedication to Dadi on her birthday. This may also be used later for the International Day of Yoga.

7. Mental Health Emergency Guide for BK Centre Instruments

This further document will be coming to you from the Managing Mental Health team, part of Care and Wellbeing. It offers help in dealing with emergency mental health situations.

8. Proposed policy on personal websites

As you are aware, a new version of Sister Jayanti's website has been launched. A policy is needed regarding personal websites of individuals officially representing the organisation. A simple policy was adopted: Our policy prohibits the creation of a website by any individual that appears to represent the Brahma Kumaris organisation or any individual within the organisation in an official capacity without prior consent from the RCs. The purpose of the Brahma Kumaris' websites is to promote the organisation and its teachings as a whole. We therefore do not permit anyone representing the Brahma Kumaris to have an official personal website that promotes themselves as an individual personality. Only in exceptional circumstances would permission be given for this by RCs. Any requests for permission for a personal website in exceptional circumstances would be taken on a case by case basis.

10. Sister Jayanti as official spokesperson for the Brahma Kumaris outside of India

More and more people are turning to the Brahma Kumaris for our position on events happening in the world. Often there are too many different voices on the BK position on issues in the world. Sister Jayanti is therefore selected as the official spokesperson of the Brahma Kumaris outside of India. She would prepare statements with the support of a team of people involved in serious media such as Sr Judy, Br Neville, Br Eric Le Reste and Sr Philippa, who can also consult with the regions.

9. Coordination of the Asia-Pacific region

After Didi Nirmala's passing a Regional Co-ordinating team has been appointed: Br Charlie, Sr Meera, Sr Rajni, Sr Bhavna, Sr Trish, Sr Morni and Sr Lakshmi. Sr Trish will represent the region in the RC meetings.

10. Request for more English messaging

A request has been put forward for more messaging in the Madhuban complexes, such as at the Dadis' memorials, to appear in English as well as Hindi.