

## **Madhuban Newsletter – January 2024**

### **Stay in avyakt silence and experience the double light angelic stage. (Dadiji – 21/12/2023)**

Beloved Avyakt BapDada's deeply loving instrument teachers, brothers and sisters of this land and abroad, who are the decoration of the Brahmin clan, ones who constantly stay beyond the world of sound, ones who carry out all your business with elevated thoughts, ones who make the corporeal world the avyakt subtle region with your double light angelic stage, please accept Godly, love-filled sweet remembrance and many, many hearty greetings for the New Year and the coming New Age.

Baba says: Children, by constantly flying in the flying stage with new zeal and enthusiasm, with intense effort full of newness, experience closeness to completion and perfection. Stay in your self-respect and give everyone respect. Go beyond all adverse situations with your original stage. Now, everyone should accumulate a stock of blessings and the treasures of charity. For this, while looking after all your responsibilities, stay beyond the consciousness of "doing", and have the awareness of Karavanhar. Do not have the consciousness of "I" in service. It is now time to stay far away from the world of sound, be introverted and create your avyakt stage with deep silence.

The month of January is the month of the completion and perfection of our most beloved Brahma Baba. Every year, for the whole month, all Brahmin children tour around the subtle region. So, this year too, each one has to keep the aim to have at least 8 hours of tapasya every day. Increase the practise of serving with your mind.

Telling us about the form of the final service, BapDada is telling us children and especially giving us a signal: Children, now stay in deep silence and sweet silence and become a light and might house. Let there be such practice of becoming bodiless in a second in such a way that your body cannot be seen by anyone. Now, you children have to look after all the activities through signals with your elevated thoughts. With this aim, experience special, deep silence in the month of January. You are also being send points sent for your effort to become a double light angel, the same as Father Brahma.

All of you must pay special attention, sit in solitude every day and experience avyakt silence. And throughout the day, stay in the double light angelic stage, with your elevated thoughts, carry out all your business through signals and make your service places into the subtle regions. Every now and then meet among yourselves and share your avyakt experiences. The double light stage and the experience of deep silence will be instrumental to reveal God.

All of Baba's many new and old children from this land and abroad continue to come to our unlimited Madhuban. Everyone is taking the sustenance of knowledge and yoga and is making themselves full with all powers. Hearing the classes of experiences and the elevated, avyakt versions, everyone is very well refreshed when they go back from here. In all the places of Madhuban, there is the great splendour of the angels. The cool winds are also making everyone blissful. Achcha.

Lots of remembrance and greetings full of newness for the New Year.

In Godly service,

B.K. Ratanmohiniji

## Avyakt signals for the month of January 2024

### Accumulate the power of silence.

1. The special power of the confluence age is the power of silence. By staying in silence, you will easily make your stage angelic and double light. There is no burden of anything in this stage. For this, while performing actions, exercise being stable in the incorporeal and angelic form every now and then. You saw Father Brahma in the corporeal form: he was constantly double light and in his stage of silence, he took the children beyond with a glance in a *second*. Follow the father in this way and you will easily become equal to the father.
2. Now, keep the aim of making this intense effort: I am a double-light angel. While walking and moving around, increase the experience of the angelic form. Practise being bodiless and in deep silence. Be double light in finishing any thoughts, nature and sanskars in a second.
3. Silence means a soul, as an embodiment of peace, is sitting in solitude and experiencing concentration of the mind and intellect. With this concentration, you especially attain two powers: the power to discern and the power to make decisions. These two powers resolve all problems in your worldly and your spiritual interactions. Through this, you easily make your stage double light and angelic.
4. In order to experience the angelic stage, become free from any type of wasteful or negative thoughts, words and actions. Anything wasteful or negative does not allow you to experience deep silence for all time. Now become free from any burden of waste and become double light angels.
5. In order to experience the angelic stage, stop coming into sound in a moment, stop discussing something or staying in any type of atmosphere, stop all thoughts in a second, go beyond sound and stabilise yourself in your detached, angelic stage. One moment, be a karma yogi, one moment be an angel, that is, experience avyakt silence and stay beyond sound. This practice will make you victorious in your last paper.
6. You experienced Father Brahma as a walking and moving angel, without any body consciousness. While performing actions and speaking to others, while giving them directions, increasing their zeal and enthusiasm, he was detached from his body and gave the experience of the form of subtle light. *Follow the father* in the same way. Remain constantly beyond body consciousness. Let each one see your form of detachment. This is known as being angelic while in a body.
7. Experience detachment in every situation, in your attitude, vision and actions. This one is speaking, but it feels that he is very detached and very loving; loving in a soul-conscious way. All of you have to become angels and go back to the supreme abode with the number one soul, Brahma. So, pay attention to the stability and concentration of your mind, and make your mind work with your orders.
8. Now, all your activities are to happen with signals from your elevated thoughts. Have such a form of light that all your wasteful thoughts and wasting of time finish. Only the thoughts that are to happen practically should arise. Only those who have to do this practically will think that they have to do this. Only then will this corporeal world become the subtle region.
9. First of all, finish any attachment you have to your body and your attachment to your relationships and possessions will then automatically finish. In order to become an angel, first of all, practise: This body is for the sake of service; it is entrusted to you and you are just a trustee. Then, see how easy it will be to become an angel.
10. "Mine is one Baba". Everything else of "mine" is merged in this "One mine". The power of concentration will easily enable you to experience the avyakt, angelic stage. Let your mind concentrate on what you want, however you want and for however long you want. This is known as having your mind under your control. With this concentration, that is, with this stable and constant stage of sweet silence, you will easily experience the double-light angelic stage.
11. If you love Father Brahma, then become an angel like Father Brahma. Let your angelic form of light be constantly visible in front of you: This is what I have to become. Then, let your future form also be

visible. Let go of your present form and adopt that form. Now, have such an experience. It will then be understood that you are close to perfection.

12. In working for a new invention, concentration is essential, whether it is an invention for the world or a spiritual invention. To concentrate means to stabilise yourself in one thought: to be absorbed in love for the One. By stabilising yourself in your stage of silence, your intellect will easily become free from wandering. You will easily forget your body and the physical world and you will begin to experience the double-light angelic stage.
13. On a commemorative day, all traffic is stopped and three minutes silence is observed. All activities are stopped. In the same way, whether you are doing something or talking, practise stopping the traffic of thoughts every now and then. Stop the thoughts in your mind for even a minute, and whatever work you may be doing physically with your body, stop that and stabilise yourself in your angelic form.
14. Just as in a physical way you change your clothes, in the same way, renounce any awareness of your corporeal form and become a subtle angel. Put on your angelic costume in a second. You need to practise this over a long time, for only then will you pass in the final moments.
15. In order to serve through the form that is blessed, first of all, have pure thoughts in yourself. Throughout the day, continue to move along in waves of an ocean of pure thoughts and, whenever you want, go to the bottom of that ocean of pure thoughts and become an embodiment of silence. Your stage of deep silence will transform the atmosphere and you will experience yourself to be a *double light* angel.
16. Now, let the pure feelings in your heart reach many other souls. Reveal the power of silence. Each Brahmin child has this power of silence. Simply let this power emerge in your mind and through your body. Concentrate the thoughts in your mind in a second and you will then be able to spread the vibrations of the power of silence into the atmosphere.
17. In the beginning, you used to practise: You are moving, but your stage was such that others would feel, that a light is passing by them. They were not able to see your body. With this practice, you passed every type of paper. Now that the times to come will be very bad, increase the practice of being double light. When others constantly see your form of light, that is your safety. When they enter, let them only see a fortress of light.
18. Constantly keep the aim of becoming equal to the Father. So, just as the Father is light, in the same way, become double light. When you look at others, you become weak, so see the Father and follow the Father. The elevated means for the flying stage is just one expression: "Everything is Yours." Transform the word "mine" (mera) and make it "Yours" (Tera). Then you belong to Him, your soul is light, and when everything is "Yours", you become light.
19. Big machines function with an electric connection. All of you also continue to perform every action on the basis of having a connection and being double light. When you have a double light stage, the words "hard work" and "difficult" finish. When you have finished the consciousness of "I" and have the awareness of being a trustee and doing Godly service, you will become double light
20. When anyone comes into close contact with you, let him feel that you are spiritual and not of this world. With the awareness of your being an ancestor, sustain all souls with the power of peace. Your duty is donate peace to souls who are in an atmosphere of peacelessness and to fill them with courage by giving them peace and tolerance. For this, do special service with your attitude and the power of your mind. Be a lighthouse and give everyone the light of peace.
21. While having double responsibility, remain *double light*. By being *double light*, you will not be tired by your worldly responsibilities because you are a *trustee*. How can a *trustee* become tired? If you think that it is your household or your family, it becomes a burden. None of it is yours, so how can it be a burden? You are completely detached and loving, a child and a master.
22. You will become one who is always swinging in the swing of happiness, one who removes everyone's obstacles and makes everyone's difficulties easy when you have determination in your thoughts and your stage is double light. "Nothing is mine, everything belongs to the Father." When you keep any burden with you, all types of obstacles come. If nothing is mine, I am then free from obstacles.

23. Constantly consider yourself to be double light and continue to do service. To the extent that you have lightness in the service you do, the more easily you will fly and make others fly. To be double light while doing service, to stay in remembrance and while doing service is the basis of success. No matter how much noise or how much of a tamoguni atmosphere there may be, use the power of silence and finish all waste by stabilising in the stage of being the best. With this elevated stage, you will be able to experience rest all the time.
24. It is essential to fulfil your responsibilities, but to the extent that you have responsibilities, be double light to the same extent. While fulfilling your responsibilities, be detached from any burden of responsibility. This is known as being loved by the Father. Do not be afraid by thinking, "What can I do because I have a lot of responsibility? Should I do this or not? This is very difficult." To feel this means to have a burden. To be double light means to be free from this feeling too. Do not have any burden from some upheaval or any work of responsibility.
25. The intellect's of those who constantly always stay in a double-light stage have faith and are carefree. They will be in the flying stage. The flying stage means the highest-on-high stage. The feet of their intellects will not be on the ground. Above the ground means being beyond any consciousness of the body. Those who stay constantly above the ground of body consciousness are angels. All souls who come into contact with such souls will experience coolness and peace in even a short time.
26. Now be double light, be stable in the stage of a high place with the viman of your divine intellect, and spread the wave of co-operation of good wishes and pure feelings and light and might over all souls of the world. Let there be the refined, elevated directions of BapDada in this viman. Let there not be the slightest rubbish of the dictates of your own mind or the dictates of others in that.
27. Now, each and every Brahmin has to become a living image, the same as Father Brahma. Become a float (jhanki) of a light-and-might house. Prepare a lecture on the power of thought and silence and play your part as a blessed image on the karmateet, double light, angelic stage. You will then come close to perfection. With the karmateet stage, you will experience your thoughts reaching wherever you want them to.
28. The Father is Karankaravanhar, and the One who is inspiring you making you do everything. I, as karanhar (one who is doing) am doing everything. With this awareness, finish any awareness of being someone one who is doing everything and become detached and loving. Surrender all your burdens to the Father and with the awareness of your eternal form, adopt your eternal nature and sanskars and experience the double-light stage.
29. Just as scientists are able to grow grain in sand, in the same way, you have to transform the land with silence. For this, become full of good wishes. Follow Father Brahma. With the power of silence, transform the attitude and vision of souls. Just as anger is a power of ignorance, in the same way, peace and tolerance are powers of knowledge. Now, make these virtues your sanskars and you will easily become double light angels.
30. Just as those in a spaceship are able to take a photograph of the whole world, the globe, because they are high up, in the same way, with the power of silence, the spaceship of your mind, give other souls the inspiration to become an elevated soul, one with a good character. Sit in the cave of introversion and experience deep silence and this experience will make you a double-light angel.
31. The more you continue to stabilise in the stage of sweet silence while being introverted, the more easily you will be able to understand the language of the eyes, the language of feelings and the language of thoughts. This language is the language of a spiritual, yogi life. Your silence power is even greater than science power. The revelation of the power of silence means the revelation of the Father. Just as science is able to give practical proof, in the same way, the practical proof of the power of silence power is your double-light angelic life. When all of this practical proof is visible, then, even against their conscious wish, everyone's vision will be drawn here and the drums of victory will beat.

**\*\*\* OM SHANTI \*\*\***