

Madhuban Newsletter – May 2024

**In order to be always happy and content, be a great donor and donate the treasures of happiness.
(Dadiji – 22/04/2024)**

Beloved Avyakt image, Mother, Father, BapDada's deeply loved, instrument teachers, brothers and sisters from this land and abroad, who are the decoration of the Brahmin clan, the ones who are full of the treasures of happiness, ones who always share the treasures of happiness, the great donors, bestowers of blessings, who experience happiness and contentment of the mind, souls who are jewels of contentment, please accept Godly love filled with sweet remembrance.

Sweet Baba has made all of us full of the treasures of knowledge and the treasures of happiness, and shown us the method to remain always happy: Think less. If you have to think, then think about the jewels of knowledge. When you have the thought "I don't know, nothing seems visible about my part, I am not able to have yoga, it is a lot of hard work to become bodiless, what should I do?, how should I do this?..." - to have such thoughts is a waste. Instead, always have powerful thoughts: "Remembrance is my original religion. I am an easy yogi of every cycle." Such thoughts will enable you constantly to keep flying in happiness. Even if there is one or another illness in the last, old body, it is the greatness of this last body that you have claimed your inheritance for birth after birth from Baba. So, have this thought of happiness: Wah my old body, wah! Continue to make the body that has been instrumental to make you meet the Father function by saying "Wah, wah!" and you will never be distressed by your body. Along with this, sweet Baba has also given you the understanding: In this final birth, all the accounts with Brahmins souls are going to be settled here. In order to be saved from the land of Dharamraj, Brahmins become instruments and so do not be afraid thinking "What is happening in the Brahmin family?" This is also the settling of karma taking place and you progressing, so maintain this happiness. Promise that you will never be confused or become problems in little matters, but that you will become ones who solve the problems. We are the children of the Master of the World. We have our hand in His hand. Constantly continue to dance with this intoxication and happiness.

BapDada turns the beads of the rosary of all of us fortunate children every day. Baba says: Children, it is not a big deal to become a bead of the rosary of victory, but it is great fortune to become a bead of the rosary that the Father turns. So, always have the awareness: In the whole world, I have the greatest fortune. No one can be as happy or fortunate as we are. Since we have become master bestowers of happiness, the children of the Bestower of Happiness, waves of sorrow cannot come.

Tell me, sweet brothers and sisters, this is your experience, is it not? All of you have claimed the ticket to heaven, have you not? So now, never be separated (viyogi), always be a yogi.

According to the homework received from BapDada, all of you must be practising becoming bodiless again and again throughout the day. Baba has given a special signal: Children, now fix a time for serving through your mind.

Now, according to the time, all the service places have to be made into a shantikund (area that is an oasis of peace). Do not get caught up in the expansion of any type of news of world, remain free from wasteful and gross things and create an atmosphere of avyakt silence. Achcha.

I am sure everyone is enjoying good health. Lots of love and remembrance filled with blessings.

In Godly service,

B.K. Ratanmohini

Become full of the treasure of happiness, have the fortune of happiness and be happy and cheerful.

1. At present, the greatest need in the world is happiness, whereas you are overflowing with the treasure of happiness. So, always remain happy and also give others the means to remain happy, and by doing so, all souls will consider you to be a deity of happiness. Always keep in your awareness your title, “I am a deity of happiness”.
2. You have happiness, the greatest treasure of all. Continue to donate this treasure of happiness. Whoever you give happiness to will repeatedly thank you. Therefore, be a great donor and donate the treasure of happiness. Definitely donate happiness to someone or other every day. By donating, you will experience happiness and contentment in your mind.
3. The spiritual Flame loves the moths who know how to sing and dance in happiness. For this, finish the long list of “mine.” “My grandchild, my home, my daughter-in-law” etc. Forget all the many others and remember only the One and you will be liberated from labour and continue to swing in the swing of happiness.
4. When someone receives some treasures or suddenly receives wealth, they become happy. You children have received such wealth that no one can ever snatch it away or loot it from you. You will remain constantly wealthy for 21 generations. You have received the key to all treasures and that key is “Baba”. As soon as you say “Baba”, the treasure store opens and you become prosperous, so always remain overflowing with this happiness.
5. Whenever you perform any elevated action, you definitely feel the practical fruit of that in yourself in the form of happiness and power. Others who see a soul performing elevated actions also feel zeal and enthusiasm in their effort that they too can become like that. So, you yourself receive the practical fruit and others are also served.
6. Perform every action while considering yourself to be combined and you will always remain powerful and also experience yourself to be entertaining. You will not experience any type of loneliness, because those who remain combined in different relationships always experience this to be entertaining and remain happy.
7. Keep in front of you all the specialities that you have and not your weaknesses and you will develop faith in yourself. Do not think too much about the things of weakness and you will constantly continue to move forward in happiness. Those who are holding the Father’s hand constantly move forward. Always have faith, because your Companion is strong and you will therefore definitely be able to go across.
8. Even if your body is ill, the illness of your body should not disturb your mind. Constantly continue to dance in happiness and even your body will become well. Let your body keep going with the happiness of your mind and both will be exercised. Happiness is blessings and exercise is medicine. When you have both blessings and medicine, everything becomes easy.
9. In order to keep both the body and mind constantly happy, think less. If you have to think about something, then think about the jewels of knowledge. If you think that you don’t see anything in your part, that you are unable to have yoga, that you are not able to become bodiless, those are also waste thoughts. In contrast to those have powerful thoughts. “Remembrance is my original religion”. “I am an easy yogi of every cycle” – have these type of thoughts and you will continue to fly in happiness.
10. The greatness is of this final body, because through this old body I have claimed an inheritance for birth after birth. Have such thoughts of happiness: Wah my old body which became instrumental in enabling me to meet the Father! Continue to work with it while seeing the wonder of it and it will never cause you distress.

11. In this final birth, all our karmic accounts are to be settled here through Brahmin souls. In order for you to be saved from the land of Dharamraj, Brahmins become instruments in one situation or another. So, do not be afraid about why something happens in the Brahmin family. This is also progress taking place through the settlement of karmic accounts. Therefore maintain this happiness.
12. Promise that you will not become confused over trivial matters, that you will not become a problem but one who solves problems. “We are the children of the Lord and Master of the World!” – constantly continue to dance in this intoxication and happiness. Your hand is in the Father’s hand, so constantly continue to dance in the Father’s company.
13. You belong in BapDada’s company and BapDada’s family. There is now no need to go to any other club, etc. Let there always be such a sparkle of happiness on your face that your cheerful face works like a *board*. Advertising will take place through this naturally.
14. Experience the stage of your final form and you will constantly continue to dance in happiness and continue to sing the Father’s praise. Continue to dance in such happiness that, seeing you, the minds of others also begin to dance in happiness. When seeing someone dance physically, others also have the enthusiasm to dance. In the same way constantly continue to dance and sing.
15. Your face is the mirror of the power of your mind. You know the difference between the face of someone who has lost everything and the face of someone who has attained something. So, let your face have the sparkle of the happiness of having attained everything. Your face should not appear to be dry (without any joy); let it be visible as full of happiness and many souls will then automatically be served by it.
16. Someone who has the attainment of elevated relationships, elevated connections, true love, all types of prosperity and success is said to have the fortune of happiness. You children have all these five types of attainment. You have a relationship and connection with the eternal Father. You have attained the love of all relationships from the One and you are also full of imperishable prosperity. Success is your birthright. Maintain the happiness of the fortune of this happiness.
17. Every day BapDada turns the beads of the rosary of you children who have the fortune of happiness. It is not a big thing to become a bead of the rosary of victory, but to become a bead of the rosary that the Father turns is to have the fortune of happiness. Just as BapDada has a big heart and an unlimited heart, in the same way, you children also have to become those with a big and generous heart of a bestower and, with your constantly happy heart, you are the ones who have the fortune of happiness and make the whole world happy.
18. In the whole world, we are the ones who have the most elevated fortune. No one else can have such fortune of happiness or remain as happy as we are. God Himself has made us belong to Him. While speaking about this fortune, always continue to dance in happiness and you will become free from labour, and you will always continue to experience yourself to have a life of spiritual pleasure.
19. Since you have become masters, children of the Bestower of Happiness, sorrow cannot come to you. The door to sorrow is now closed and the door to heaven, that is, to happiness has opened. You have taken a ticket for heaven. Always continue to dance in happiness. When you have happiness, others who see you will then become happy and come close to the Father. Your happiness will give the Father’s introduction. Never become separated, always remain a yogi soul.
20. No matter how many adverse situations come in front of you, you are ignorant of the knowledge of sorrow. Through the right that you have received from the Ocean of Happiness, you still say “Wah sweet drama! Wah every actor’s part!” With the enlightenment of this knowledge and with the happiness of a right, transform sorrow into happiness. With a right, transform the darkness of sorrow, be a master bestower of happiness, constantly swing in the swings of happiness and become an instrument to give others vibrations of happiness.
21. You are the children of the Bestower of Happiness who make fearful souls powerful and give them happiness at the time of sorrow. So, always have elevated feelings of constantly giving happiness. No matter how some souls behave with you, you elevated souls constantly have to give happiness to

everyone. They may give you thorns, but, in return, give them spiritual roses. They may try to cause you sorrow, but you children of the Bestower of Happiness give them happiness.

22. In every thought of you elevated souls, let there be the feeling of benefitting everyone, transforming them in an elevated way, and of making them independent from being influenced. Blessings from the heart and congratulations of happiness for each one should be visible in you in a natural way, because all of you are bestowers, the deities, the ones who give.
23. If you are ever deceived by Maya in any way, the sign of those who are deceived are that they experience waves of sorrow. To experience a wave of the slightest sorrow even in your thoughts means that you have definitely been deceived in some way. So, check in what you were deceived and why you experienced waves of sorrow. You are the children of the Bestower of Happiness and so your dreams should also be of happiness. You should have dreams of happiness, service and of celebrating a meeting. Your sanskars have changed and so your dreams have also changed.
24. You are children of the Bestower of Happiness, who see happiness, who give happiness, the embodiments of happiness. Sometimes swing in the swings of happiness, sometimes in the swings of love and sometimes in the swings of peace. Constantly continue to swing. Do not place your feet in the mud, but just continue to swing.
25. Let there be speciality in your every thought and every word. Always have an easy nature, speak easy words and let your actions always be easy – be an embodiment of easiness. Always follow the directions of One, have all relationships with the One and have all attainments from the One. Have the easy practice of always being constant and stable with One. Always stay happy and share the treasure of happiness. Spread the wave of happiness into everyone, this is true service.
26. Even if the suffering of karma can take a form greater than a crucifix, by constantly considering yourself to be a detached observer, you will not be influenced by the suffering of karma. Every type of suffering will be experienced to be like a thorn from a crucifix. The happiness of being free from the suffering of karma for the many future births will become like a medicine for settling the suffering of karma of the present time. Happiness becomes the medicine for nourishment.
27. Especially with the power of your mind, with the power of your words, with the colour of your company, with the love of your relationships and with the unending treasure of happiness, continue to donate constantly. Any soul who comes into contact with you, let him go away having become full with the treasure of happiness. When you become a constant and great donor in this way, you will be called one who uplifts others.
28. At present, everyone needs imperishable happiness. All are beggars for happiness and you are the children of the Bestower. The duty of the children of the Bestower is to give. Whoever comes into contact and relationship with you, continue to share happiness, continue to give. Let no one leave empty. Become so full.
29. Always to have zeal and enthusiasm means to maintain your elevated honour and self-respect. Always maintain the honour that you always remain happy and you are the children of the Bestower who always give happiness to others. You are those who always give, not those who take.
30. At every second, whatever thought you have or action you perform, let each action and every thought be one that gives congratulations. Whoever you meet or whoever is living with you, always continue to give them happiness and feed them dilkhush toli. Constantly continue to dance with happiness in your mind and in service, continue to share the treasures of happiness.
31. The One who sustains us, teaches us, gives us shrimat and blessings, the One who fulfils the responsibility of love at every moment in our daily schedule is God Himself. Keeping this fortune in your awareness, constantly continue to swing in the swing of happiness and sing this song: “Wah my fortune!”

* * * * *